**PT Solutions Clinic Locations:**



TBU Athletic Trainers Home Clinics

West Chase

12891 Citrus Plaza Dr, Tampa, FL 33625

Phone: 813-543-0718

Physical Therapist: Kyle Schindler – kyle.schindler@ptsolutions.com

South Tampa

2221 S Dale Mabry Hwy, Tampa, FL, 33629

Phone: 813-497-5059

Physical Therapist: Jack Malafronte – jack.malafronte@ptsolutions.com

Free Screening\*:

<https://ptsolutions.com/free-screening/>

\*30-minute screenings performed for wellness check, performance, and injury screening. May not be offered at all locations in Tampa area.

**TBU Preferred Physician Providers:**

Dr. Ira Guttentag MD-Orthopedic Specialist-Surgical

*Florida Medical Clinic*



<https://www.floridamedicalclinic.com/doctors/ira-guttentag-md-facs/>

Contact Phone Number: 813 979 0440

Dr. Sarah Irani-Orthopedics, Concussion, and Mental health specialist

*John Hopkins*



<https://www.hopkinsallchildrens.org/Find-A-Doctor/Practitioner-Details/Sarah--A--Irani>

Contact Phone Number: 727 767 7678

Dr. Kevin Elder-Orthopedic Specialist-Non-surgical

*BayCare*



<https://baycare.org/doctors/kevin-elder-1598768160>

Contact Phone Number: 813 458 7890



Advent Health

Urgent Care: <https://www.adventhealth.com/schedule-urgent-care>

ER: <https://www.adventhealth.com/emergency-and-urgent-care/get-inquicker>

Covid Testing Locations:<https://centracare.adventhealth.com/urgent-care/covid-19-testing>

**\*\*Notice of Covid-19\*\***

**Contact Tracing Protocol**

Vaccinated exposures: Return to normal activities but self-monitor and wear a mask (except when on field). No eating/drinking around others (unless you social distance with 8 feet for water breaks). If become symptomatic, isolate and get tested.

Unvaccinated: Quarantine for 10 days from the date of the exposure’s +Covid test or date of last contact (whichever occurred first). Quarantine can end after 7 days with a negative test result 6 or more days from the date of last contact/date of contact + test (whichever occurred first)-so long as remain asymptomatic.

**Concussion Recognize, Refer, Recovery Information:**

John-Hopkins: <https://www.hopkinsallchildrens.org/Services/Pediatric-Sports-Medicine/Injuries/Concussion-in-Young-Adults>

US Soccer Concussion:<http://www.recognizetorecover.org/head-and-brain/#concussions>

**Ally Herrington, Athletic Trainer Hours**

**Monday and Wednesday- Monroe 5-9**

**Tuesday and Thursday- Ed Radice 4-9**

**Friday-Off**

**Saturday and Sunday- Varies by Game Sites**